



BEFORE YOU GO...

KEY INFORMATION

Our location:

Home Farm,
off, Lodge Ln,
Screveton,
Nottingham NG13 8JL

Parking:

There's ample parking at FarmEco, approximately 800m from the entrance to the woodland.

Session times:

Please arrive on-site at least 15 minutes before your session begins, to allow you adequate time to walk from the car park to the woodland and explore the distractions along the way!

Our contact details:

07795 481758
nick_alittlebitwilder@yahoo.com

What to bring:

Please dress for the weather conditions, and wear clothing which can get muddy! We reserve the right to cancel and refund your session if your child is inadequately dressed for the activities planned.

Clothing for babies and non-walkers

During summer months we recommend the following:

- Long sleeved tops and trousers, feet covered to reduce the risk of insect bites
- Sun hat and sunscreen
- Changing bag including full change of clothes and a waterproof

During cooler months we additionally recommend the following:

- A snowsuit or a fleece/all-in-one covered by a waterproof
- Hat and mittens

We look forward to welcoming you to our wonderful woodland site set within Hollingworth Plantation on the FarmEco Community Care Farm in Screveton, Nottinghamshire.

There is ample parking at FarmEco and the walk to the wood begins from the car park and toilet facilities. The walk in is approximately 800 metres and includes part of the farm nature walk, alongside fields of crops, goats and sheep and edible forest.

Depending on the time of year you can expect to see a thriving ecosystem with an abundance of blossom, wild flowers, butterflies or fruit. You should allow 10-15 minutes for the walk in, this gives you and your children the time to transition away from the urban influences of the city, town or village to something "A Little Bit Wilder" ready to discover your adventurous side.

WE FOLLOW THE SIX GUIDING PRINCIPLES OF FOREST SCHOOL:

1 Forest School is a long-term process of frequent and regular sessions in a woodland or natural environment, rather than a one-off visit. Planning, adaptation, observations and reviewing are integral elements of Forest School.

- Forest School takes place regularly, ideally at least every other week, with the same group of learners, over an extended period of time, if practicable encompassing the seasons.
- A Forest School programme has a structure which is based on the observations and collaborative work between learners and practitioners. This structure should clearly demonstrate progression of learning.
- The initial sessions of any programme establish physical and behavioral boundaries as well as making initial observations on which to base future programme development.

2 Forest School takes place in a woodland or natural wooded environment to support the development of a relationship between the learner and the natural world.

- The woodland is ideally suited to match the needs of the programme and the learners, providing them with the space and environment in which to explore and discover.
- A Forest School programme constantly monitors its ecological impact and works within a sustainable site management plan agreed between the landowner/ manager, the forest school practitioner & the learners.
- Forest School aims to foster a relationship with nature through regular personal experiences in order to develop long-term, environmentally sustainable attitudes and practices in staff, learners and the wider community.
- Forest School uses natural resources for inspiration, to enable ideas and to encourage intrinsic motivation.

Clothing for holiday club and parent participants

During summer months we recommend the following:

- Sturdy footwear preferably walking boots or shoes, no sandals or flip flops
- Full length trousers or leggings
- Long sleeve shirt or t-shirt
- Sun hat and sunscreen
- Lightweight waterproof jacket and trousers
- Full set of spare clothes including underwear
- Mosquito repellent

During spring and autumn we additionally recommend the following:

- Welly boots with warm socks may be used instead of walking boots
- Vest under a long sleeved t-shirt
- Jumper or fleece
- Woolly hat
- Waterproof jacket and trousers
- Gloves
- Several sets of spare clothes including underwear

During winter months we additionally recommend the following:

- Long johns or base layer
- Snowsuit can be used instead of a waterproof jacket and trousers

Medicines

Please ensure that your child has any medicines and the accompanying instructions with them that they need. For example; asthma inhalers, epi-pens or hay-fever treatments. A labelled freezer bag helps to avoid any confusion.

3 Forest School aims to promote the holistic development of all those involved, fostering resilient, confident, independent and creative learners.

- Where appropriate, the Forest School leader will aim to link experiences at Forest School to home, work and /or school education
- Forest School programmes aim to develop, where appropriate, the physical, social, cognitive, linguistic, emotional, social and spiritual aspects of the learner.

4 Forest School offers learners the opportunity to take supported risks appropriate to the environment and to themselves.

- Forest School opportunities are designed to build on an individual's innate motivation, positive attitudes and/or interests.
- Forest School uses tools and fires only where deemed appropriate to the learners, and dependent on completion of a baseline risk assessment.
- Any Forest School experience follows a Risk–Benefit process managed jointly by the practitioner and learner that is tailored to the developmental stage of the learner.

5 Forest School is run by qualified Forest School practitioners who continuously maintain and develop their professional practice.

- Forest School is led by qualified Forest School practitioners, who are required to hold a minimum of an accredited Level 3 Forest School qualification.
- There is a high ratio of practitioner/adults to learners.
- Practitioners and adults regularly helping at Forest School are subject to relevant checks into their suitability to have prolonged contact with children, young people and vulnerable people.
- Practitioners need to hold an up-to-date first aid qualification, which includes paediatric (if appropriate) and outdoor elements.
- Forest School is backed by relevant working documents, which contain all the policies and procedures required for running Forest School and which establish the roles and responsibilities of staff and volunteers.
- The Forest School leader is a reflective practitioner and sees themselves, therefore, as a learner too.

6 Forest School uses a range of learner-centred processes to create a community for development and learning

- A learner-centred pedagogical approach is employed by Forest School that is responsive to the needs and interests of learners.
- The Practitioner models the pedagogy, which they promote during their programmes through careful planning, appropriate dialogue and relationship building.
- Play and choice are an integral part of the Forest School learning process, and play is recognised as vital to learning and development at Forest School.
- Forest School provides a stimulus for all learning preferences and dispositions.
- Reflective practice is a feature of each session to ensure learners and practitioners can understand their achievements, develop emotional intelligence and plan for the future.
- Practitioner observation is an important element of Forest School pedagogy. Observations feed into 'scaffolding' and tailoring experiences to learning and development at Forest School.